

## *College of* Humanities and Law

### **Advanced Certificate in Counselling** CS029A



#### CEF Reimbursable Course

This course has been included in the list of reimbursable courses under the Continuing Education Fund.

This course is recognised under the Qualification Framework (QF Level 4)

QR registration number: 10/000874/4

Validity Period: 12/10/2010 – ongoing



HKU SPACE was awarded the ASIIN institutional accreditation seal to confirm that we fulfil the institutional, procedural and cultural requirements for good teaching and successful learning. Trust in us as your lifelong learning partner!





## Introduction

Would you like to use the skills of counselling to advance your career? Would you like to learn more about yourself?

The Advanced Certificate in Counselling provides a comprehensive overview of the theories and techniques in counselling. We have supported many graduates of this course to pursue master's degree in psychology/counselling in Hong Kong and overseas.

Some of the topics that you will learn in this course includes, 1) Introduction to Counselling, 2) Non-verbal and verbal communication skills in Counselling, 3) different approaches to counselling. The modules will provide you with a general understanding of the discipline and better prepare you for advanced studies in counselling and other related disciplines.

This programme caters to people working in a variety of job environments such as social services, human resources, school, community services, business, church, and health care settings who are seeking to enhance personal and/or professional development.

This versatile course provides the opportunity for you to embark on a Counselling career or bring those skills to wide variety of other career paths. Based on personal merits and academic background (including your bachelor degree), holders of the Advanced Certificate in Counselling will be eligible to apply for the Master of Social Sciences in Counselling from one of the universities in Hong Kong or from any overseas institutions.

## Entry Requirements

Applicants are expected to be holders of:

- 1) an Associate Degree or a Higher Diploma or an Advanced Diploma in any discipline awarded by a recognized institution; or
- 2) an equivalent qualification.

Applicants with other qualifications will be considered on individual merit.

## Curriculum

**Modules to be offered:**

- Alternative Approaches to Counselling
- Developmental Psychology
- Introduction to Counselling
- Introduction to Psychology
- Micro-skills in Counselling
- Self-understanding and Communication Skills

## Assessment

In general, assessment will be by coursework and written examination. The minimum attendance requirement is 75% for each module.

## Programme Duration and Delivery Mode

The Advanced Certificate programme can be completed in two semesters on a part-time basis. The maximum registration period is three years. There are two intake per year: October and April. The tentative time schedule will be as follows:

Semester	Modules to be offered (tentative)
April	Introduction to Psychology
	Self-understanding and Communication Skills
	Developmental Psychology
October	Introduction to Counselling
	Micro-skills in Counselling
	Alternative Approaches to Counselling

QF Level 4 (Reg. no.: 10/000874/4; Validity Period: 12/10/2010 – ongoing)  
Applicants should be able to read & write in both English and Chinese.

Classes will be held on evenings during weekdays (normally 7:00pm - 10:00pm) and Saturday afternoons (normally 2:00pm - 6:00pm), with every two or three lessons per week.



## Module Description

### Alternative Approaches to Counselling 另類輔導方法 (9 credits)

This module aims to introduce students to the theories and practice of selected alternative approaches to counselling, such as art therapy and play therapy\*. These approaches not only complement the traditional mode of “talking” therapy, but will also expand students’ helping repertoire. Students will also be given the opportunity to experience the healing processes of the selected approaches.

\* The approaches to be introduced may vary, depending on the specialties of the instructors.

### Developmental Psychology 發展心理學 (9 credits)

This module introduces the major theories and concepts in the study of lifespan development: From infancy, childhood, adolescence, adulthood, to late adulthood. Special emphasis will be placed on the physical, cognitive, and social development at each of the developmental stage. The socio-cultural and environmental context within which individuals developed will also be discussed.

### Introduction to Counselling 輔導入門 (9 credits)

This module introduces students to the major theoretical perspectives in counselling psychology. The emphasis will be on the basic assumptions of each perspective, the therapeutic process as well as the counselling skills involved. Students will further explore the ethical and contemporary issues in counselling psychology.

### Introduction to Psychology 心理學導論 (15 credits)

This module introduces the basic principles of psychology and offers a preliminary survey of representative works carried out in various areas of psychological investigation such as: sensation and perception, learning, memory, cognition, language and intelligence, aspects of human behaviour and the dynamics of motivation. There will be an opportunity to investigate some specific areas at length.

### Micro-skills in Counselling 輔導技巧工作坊 (9 credits)

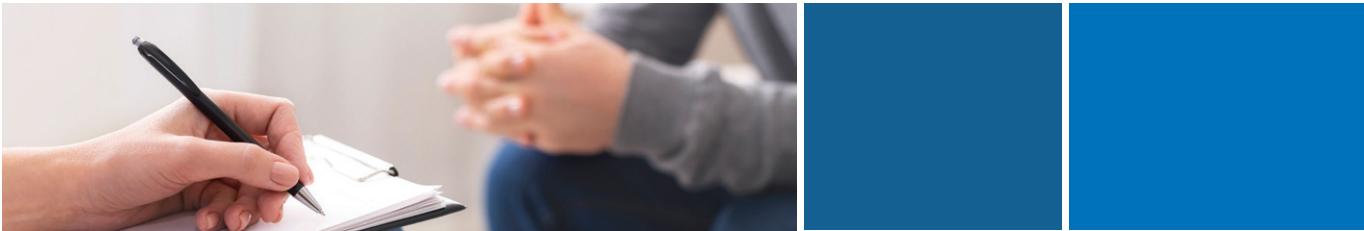
Students will be divided into small groups to learn and practice micro-counselling skills\*. This module puts special emphasis on experiential learning through skill practices, demonstration and role-play.

\* The skills to be introduced include engagement, paraphrasing, empathy, reframing and so on.

### Self-understanding and Communication Skills 人際溝通與自我認識 (9 credits)

This module aims to enable students to achieve self-understanding and self-awareness, and to develop their interpersonal communication skills. The content will cover processes and patterns of human communication, value clarification, self-exploration of strengths and weaknesses, and principles of effective interpersonal communication.





## Medium of Instruction

English

### Fee(s)

HK\$ 22,800 (to be paid in 1 installment)

Application Fee: HK\$150\*

*Fees paid are non-refundable*

## Application Procedure

Applicants should submit:

- i) a completed application form (SF26),
- ii) copies of academic certificates / transcripts,
- iii) a copy of HKID card or passport\*, and
- iv) an application fee of HK\$150 by crossed cheque (payable to "HKU SPACE") to the following address:

Ms. Jamie Ho

HKU SPACE, 11/F, Fortress Tower

250 King's Road, North Point, Hong Kong

Re: "Application for Advanced Certificate in Counselling"

*Applicants will be asked to present their HKID cards or passports for verification if applying in person at one of the HKU SPACE enrolment counters, or to attach a copy of their HKID cards or passports if applying by post.*

## Application Closing Dates

For the April 2026 intake: March 20, 2026

### Enquiries

Tel: 2975 5655

Email: [jamie.ho@hkuspace.hku.hk](mailto:jamie.ho@hkuspace.hku.hk)

